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Appendix D - ACSM Risk Stratification Screening QuestionnaireAssess Your Health By Marking All True Statements. You Have Had:  
\_\_\_ A Heart Attack \_\_\_ Congenital Heart Disease \_\_\_

Heart Failure \_\_\_ Any Heart Surgery \_\_\_ Cardiac  
Arrhythmia \_\_\_ Coronary Angioplasty \_\_\_ Known Heart  
Murmur \_\_\_ Heart Palpitations You Have: \_\_\_  
Experienced Chest Pain With Mild Exertion Jan 1th,  
2024.

Preassessment Screening - ACSM14 ACSM's Health-  
Related Physical Fitness Assessment Manual Www.  
Acsm.org To Begin The Informed Consent Process, The  
Client Should Carefully Read The Entire Form Or Have  
The Form Read Aloud While Following Along. Next, The  
Professional Should Review Some Of The Key Elements  
Of The Assessment, Including Purpose, Risks And  
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