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Fizz THE E ET.ORG DIRECTIONS: 1. In A Juicer, Mix The Pineapple, Apples, Fennel Bulb, And Ginger Root. 2. Put Ice In A Tall Glass And Pour Over With The Juice. 3. Add Aloe Vera Juice And As Much Sparkling Water As Needed To fill The Glass. Serve With A Slice Of Lime. Jan 7th, 2024Alkaline Book Test - Alkaline-institute.dkAlkaline-acid Food Chart 19 The Philosophy Behind The Food Chart 21 What Is PH? 22 The Body Is Alkaline By Design 23 Transition Time 25 Essentials For Life 28 Rebuild With Four Basic Foods 35 Real Food 37 Recha Feb 9th, 2024.

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