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12:00-1:00 Deep Stretch 1 Linda ES 4:30-5:45 Gentle/Restorative Yoga 1 Paige ES 5:30-6:30 BarrePOWER 1 Sarah B S2
6:00-7:00 Hatha Yoga 1 Kirsten ES 8:00-9:00 Hip Hop Heated Yoga 2 Chelsey S2 Feb 1th, 2024

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10:30-11:45 Gentle Yoga 1 Marsha S2 12:00-12:55 Pilates For Men 1 Analia PS 12:00-1:00 Yoga With Weights 2/3 Sarah B S2
12:00-1:00 Deep Stretch 1 Linda ES 2:00-3:00 Adaptive Yoga 1 Jennifer ES 4:30-5:45 Gentle/Restorative Yoga 1 Paige ES
5:30-6:30 BarrePOWER 1 Sarah B S2 6:00-7:15 Hatha Yoga 1 Kirsten ES 8:00 Mar 2th, 2024

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