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THE GALACTOSAEMIA DIET - Metabolic

Pies, Crumbles And Sponges Made With Milk Free Ingredients Sauces, Soups And Spreads Homemade Soup Without Milk Or Cream Homemade Sauces Made With Milk Substitutes Homemade Gravy Made With Milk-free Gravy Mix E.g. Marmite And Bovril Sugar, Preserves And Confectionary Sugar, Glucose, Honey, Jam, Marmalade, Syrup And Treacle Boiled Sweets Apr 15th, 2024

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Dr. Poon's Metabolic Diet

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