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 We Love Angry At Us. A Gentle Answer Turns Away Wrath, But A Harsh Word Stirs  
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Mindfulness And Mindfulness Meditation “Mindfulness For Beginners” By Jon Kabat-Zinn “The Miracle Of Mindfulness” By Thich Nhat Hanh “The Little Book Of Mindfulness” By Patrizia Collard . Www.rebalancemd.com 104-3551 Blanshard St, Victoria, BC V8Z 0B9 Tel: (250) 940-4444 Fax: (250) 385-9600 . Author: Apr 8th, 2024  
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