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The Default Responsibility For The Linebacker Is To Read And React To The Open Offensive Lineman To The Linebacker's Side Of The Field. Usually, This Is A Guard But May Be The Tackle In Some Alignments. If The Offensive Lineman Recoils In Pass Protection, The Linebacker Steps Back And To 3th, 2024

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Other Foot In A Hop Towards His Target . And Proceeds Through The Proper Outfielder Throwing Motion – Big Circle And Over-the-top. The Crow-hop With Allow For A Longer Distance Throw So The Partner/wall Can Be A Bit Farther Away. 16 Come Up Throwing Drill 5th, 2024

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