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Oct 31, 2017 · 1. Label Your Freezer Bag With The Name Of The Recipe, Cooking Instructions, And “use-by” Date (3 Months From When You Prepped The Meal). 2. Add All Ingredients Except Cream Cheese To Your Freezer Bag. 3. Remove As Much Air As Possible, Seal, And Freeze. To Cook 1. Thaw Freezer Bag Overnight In Refrigerator Or In Water In The Morning. 2. Mar 2th, 2024

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Curry Powder And Mustard Seeds And Cook Until Seeds Begin To Pop. Add Chilli Flakes (if Using) And Rice And Heat Through, Tossing Rice To Coat In Spices. 4. Stir Through Lemon Juice And Taste For Seasoning – Add Salt, Lemon Juice Or More Chilli Flakes To Taste. 5. Serve Warm Topped With Sm Apr 16th, 2024

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