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Dean Karnazes (English: / K α: R ' N ε ' Z ɪ S / Car-NEH-zis; Born Constantinos Karnazes; August 23, 1962), Is An American Ultramarathon Runner, And Author Of Ultramarathon Man: Confessions Of An All-Night Runner, Which Details Ultra Endurance Running For The General Public. Dean Karnazes - Wikipedia May 5th, 2024

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